

Virginia Judo Inc., in cooperation with the Arlington Department of Parks,  
Recreation, and Cultural Resources, and the Arlington Judo Club

Present:

## 2009 Virginia Open Championships

Sanctioned by Virginia Judo Inc.  
Sanction number 0902001

**Date:** Saturday, February 21, 2009

**Place:** The Barcroft Sport & Fitness Center  
4200 South Four Mile Run Drive  
Arlington, Virginia 22206-1189

### Schedule:

**8:00 am - 9:00 am** Registration for all Kata competitors  
Kata competition begins as soon as the VJI meeting and the new IJF Rules briefing are completed.

**9:00 am – 10:00 am** Registration and weigh-in for Junior competition.

**11:00 pm – 12:00pm** Registration and weigh in for Senior and Master competition.

There will be a Virginia Judo Inc. (VJI) Meeting held on Saturday, February 21, 2009 starting promptly at 8:15 am. The meeting will be held at the far bleachers in the gymnasium. The meeting will include the election of VJI officers and other items. VJI officers are requested to have their reports ready. All VJI members are asked to attend. Please be on time so the meeting can be completed in a timely manner.

### IMPORTANT BRIEFING ON THE NEW 2009 IJF RULES

Immediately following the VJI Meeting there will be an important briefing on the new 2009 IJF Rules. Roy Englert, Jr., IJF-A Referee, will explain the new rules that are effective as of January 2009. Be aware that this tournament will be governed by the new 2009 IJF Rules but are modified for all Junior divisions. Please read page 2 for details.

|                                     |                         |  |
|-------------------------------------|-------------------------|--|
| Shiai Pre-registration Fee:         | \$25.00                 | <u>Must be postmarked by February 14, 2009</u> |
| Shiai On-site registration Fee:     | \$30.00                 |  |
| Double Divisions:                   | See Page 2 for details. |  |
| Kata Team Pre-registration Fee:     | \$30.00                 | <u>Must be postmarked by February 14, 2009</u> |
| Kata Team On-site registration Fee: | \$40.00                 |  |
| Additional Kata Team Fee:           | \$20.00                 |  |

Please make checks payable to: "Virginia Judo Inc."

NO PHONE ENTRIES. NO EMAIL ENTRIES. NO CREDIT CARD ENTRIES. NO REFUNDS.

### **Tournament Information:**

All judoka must be current members of USA Judo (USJI), USJF or USJA. Judoka that do not mail in a copy of their Judo membership card with their entry form must present their membership card at the time of registration. There will be an opportunity to register with USA Judo (USJI) at the tournament site.

**Contest:**

There will be Modified Double Elimination (Round Robin for small pools). If there is a tie in placing within a given division, the winner will then be selected by the total number of wins. If there is still a tie within the division, the winners of 1<sup>st</sup> Place, 2<sup>nd</sup> Place, and 3<sup>rd</sup> Place will be then be decided by the number of points earned (10 points for each win by Ippon, 7 points for each win by Wazari, and 5 points for each win by Yuko).

**Awards:**

1<sup>st</sup> place, 2<sup>nd</sup> place and 3<sup>rd</sup> place medals for will be presented soon after each division is completed. Please be ready to accept your award as soon as the last match of your division is finished.

**Rules:**

Modified IJF Rules will govern this tournament. Current IJF medical rules (no examination except for blood or grave injury) apply in all Senior and Master divisions. Pre-2003 IJF medical rules apply in Junior divisions (under age 17). No shime waza (chokes) are allowed for juniors age 12 and under, and there will be no kansetsu waza (armbars) allowed in Junior competition. Those who perform prohibited acts are subject to automatic Hansoku Make. Any junior competitor who participates in Senior competition is subject to Senior competition tournament rules. Kansetsu waza (armbars) will be allowed in all Senior divisions. The match time for all Junior divisions will be 3 minutes. The match time for all Senior and Master divisions will be 4 minutes.

**Juniors:**

| <b>Age</b> | <b>Division</b>      | <b>Age</b> | <b>Division</b>      |
|------------|----------------------|------------|----------------------|
| 6-8        | Light, Medium, Heavy | 13-14      | Light, Medium, Heavy |
| 9-10       | Light, Medium, Heavy | 15-16      | Light, Medium, Heavy |
| 11-12      | Light, Medium, Heavy | 17-18      | Light, Medium, Heavy |

**Seniors:**

|  | <b>Division</b>      |
|--|----------------------|
| Rokkyu (6 <sup>th</sup> Kyu) -Yonkyu (4 <sup>th</sup> Kyu) | Light, Medium, Heavy |
| Sankyū (3 <sup>rd</sup> Kyu) - Black Belt                  | Light, Medium, Heavy |

**Masters:** Light, Medium, Heavy

**The Tournament Director reserves the right to alter, adjust, increase, or decrease the divisions and pools as needed.**

**There will be no Double Divisions except for juniors who wish to register for both Junior and Senior competition.**

**Deadline for Paperwork:**

All paperwork must be postmarked by Saturday, February 14, 2009 if pre-registering.

All pre-registration paperwork must be submitted to:

**Ms. Rachel Friedrich**  
**2009 Virginia State Open Championships**  
**11200 Lady Jane Loop, Apt. 303**  
**Manassas, VA 20109**

**Inquiries Phone number: 571-216-8992**  
**Tournament Email: [mwljudo@msn.com](mailto:mwljudo@msn.com)**

**Hotels: <http://www.hotels.com> <http://www.priceline.com> <http://www.expedia.com>**

**Directions: <http://www.mapquest.com>**

# 2009 Virginia State Open Championships Entry Form

Sanctioned by Virginia Judo Inc.  
Sanction number 0902001

Barcroft Sport & Fitness Center  
4200 South Four Mile Run Drive  
Arlington, Virginia 22206-1189

Shiai Pre-registration Fee: \$25.00  
Shiai On-site registration Fee: \$30.00  
Kata Team Pre-registration Fee: \$30.00  
Kata Team On-site registration Fee: \$40.00

Make check payable to: "Virginia Judo Inc" and mail to:

Ms. Rachel Friedrich  
2009 Virginia State Open Championships  
11200 Lady Jane Loop, Apt. 303  
Manassas, VA 20109

To be eligible for the pre-registration fee, mail completed entry forms, signed waivers, entry fees, and photocopies of USA Judo (USJI), USJF, or USJA membership cards **postmarked by February 14, 2009.**

Name: \_\_\_\_\_

Street Address: \_\_\_\_\_ Phone: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Email: \_\_\_\_\_ Club Representing: \_\_\_\_\_

(Circle) Sex: M F Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Rank: \_\_\_\_\_

(Circle) Shiai Division: Junior / Senior / Master

Estimated Shiai Competition Weight: \_\_\_\_\_

For Kata Competition Only: (Circle) Junior / Novice / Advanced

Kata(s) \_\_\_\_\_

Name of Tori \_\_\_\_\_ Name of Uke \_\_\_\_\_

The Tournament Director reserves the right to alter, adjust, increase or decrease the amount of kata divisions as needed. Those who are Shodan rank or higher will be placed in the Advanced Division even if one member of the kata team is under Black Belt rank.

(Circle) USA Judo (USJI) USJF USJA Membership Number: \_\_\_\_\_ Expiration date \_\_\_\_\_

\*\*\*All expiration dates will be verified\*\*\*

**WARNING!**  
**WAIVER AND RELEASE OF LIABILITY AND AGREEMENT TO PARTICIPATE**

In consideration of being permitted to participate in any way, including travel to and from, in any Judo tournament, practice, clinic, and related events and activities of the **United States Judo Federation, Inc., United States Judo, Inc., United States Judo Association, Inc., Shufu Judo Yudanshakai, Inc., Virginia Judo Inc., Arlington County Government, Arlington County Board, and the Arlington Judo Club**, I hereby:

1. Acknowledge that I am familiar with the sport of Judo and understand the rules governing the sport of Judo.
2. Agree that, prior to participating, I will inspect the mats, equipment, facilities, competition pools or divisions, and the elimination or scoring system to be used, and if I believe anything is unsafe or beyond my capability, I will immediately advise my coach, supervisor, and/or a tournament official of such conditions and refuse to participate.
3. Acknowledge and fully understand that I will be engaging in a contact sport that might result in serious injury, including permanent disability or death, and severe social and economic losses due not only to my own actions, inactions or negligence, but also to the actions, inactions, or negligence of others, the rules of the sport of Judo, or conditions of the premises or of any equipment used. Further, I acknowledge that there may be other risks not known to me or not reasonably foreseeable at this time.
4. Knowing the risks involved in the sport of Judo, I assume all such risks and accept personal responsibility for the damages following such injury, permanent disability, or death.
5. Release, waive, discharge and covenant not to sue the **United States Judo Federation, Inc., United States Judo, Inc., United States Judo Association, Inc., Shufu Judo Yudanshakai, Inc., Virginia Judo Inc., Arlington County Government, Arlington County Board, and the Arlington Judo Club**, together with their affiliated clubs, their respective administrators, directors, agents, coaches, and other employees or volunteers of the organization, event officials, medical personnel, other participants, their parents, guardians, supervisors and coaches, sponsoring agencies, sponsors, advertisers, and if applicable, owners, lessors, and lessees of premises used in conducting the event, all of whom are hereinafter referred to as "Releasees", from any and all claims, demands, losses, or damages on account of injury, including permanent disability and death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the Releasees or otherwise to the fullest extent permitted by law.

**I HAVE READ THE ABOVE WARNING, WAIVER, AND RELEASE, UNDERSTAND THAT I GIVE UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND KNOWING THIS, SIGN IT VOLUNTARILY. I AGREE TO PARTICIPATE KNOWING THE RISKS AND CONDITIONS INVOLVED AND DO SO ENTIRELY OF MY OWN FREE WILL. I AFFIRM THAT I AM AT LEAST 18 YEARS OF AGE, OR, IF I AM UNDER 18 YEARS OF AGE, I HAVE OBTAINED THE REQUIRED CONSENT OF MY PARENT/GUARDIAN AS EVIDENCED BY THEIR SIGNATURE BELOW.**

\_\_\_\_\_  
Participant

\_\_\_\_\_  
Participant's Signature

\_\_\_\_\_  
Date

**FOR PARENTS/GUARDIANS OF PARTICIPANTS OF MINORITY AGE  
(UNDER AGE 18 AT TIME OF REGISTRATION)**

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release, as provided above, of all the Releasees, and, for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, even if arising from their negligence, to the fullest extent permitted by law. I have instructed the minor participant as to the above warnings and conditions and their ramifications.

\_\_\_\_\_  
Parent/Guardian

\_\_\_\_\_  
Parent/Guardian's Signature

\_\_\_\_\_  
Date